

## HEALTH & COMMUNITY WELLNESS MINOR

- ☐ Fall 1: CMWL 2100 - Intro to Health and Community Wellness
- ☐ Spring 1: PHED 2628 - First Aid and CPR for Education Majors
- ☐ Fall 2: 3/4XXX CMWL minor elective
- ☐ Spring 2: 3/4XXX CMWL minor elective
- ☐ Fall 3: 3/4XXX CMWL minor elective
- ☐ Spring 3: 3/4XXX CMWL minor elective

CMWL 2100 is a prerequisite to the upper level CMWL courses. The courses that students can choose from for the 3/4XXX CMWL minor elective courses are: CMWL 3101, CMWL 3210, CMWL 3220, CMWL 3240, CMWL 3300, CMWL 3302, CMWL 3304, CMWL 3401, CMWL 4101, CMWL 4103, and PHED 4631.

## NUTRITION MINOR

- ☐ Fall 1: CMWL 3210 - Principles of Nutrition
- ☐ Spring 1: 3/4XXX NUTR Course
- ☐ Fall 2: 3/4XXX NUTR Course
- ☐ Spring 2: 3/4XXX NUTR Course
- ☐ Fall 3: 3/4XXX NUTR Course

CMWL 3210 should be taken before the 3/4XXX NUTR classes. For the four 3/4XXX NUTR classes students can choose from NUTR 3100 (spring only), NUTR 3200 (spring only), NUTR 3300 (not offered regularly), NUTR 4100 (fall only), NUTR 4200 (not offered regularly), NUTR 4300 (fall only), and HIST 4580. Health and Community Wellness majors with Nutrition minors need five 3/4XXX NUTR classes because CMWL 3210 counts in the major. Health and Community Wellness majors with the Dietetics concentration and Nutrition minor take CMWL 3210, CHEM 2455, NUTR 3100, and two 3/4XXX NUTR classes (choosing from HIST 4580, NUTR 3200, NUTR 4100, and NUTR 4300).