

NISHA GUPTA, Ph.D.

Associate Professor of Psychology (Tenured)
University of West Georgia

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EDUCATION

Doctor of Philosophy Duquesne University, Pittsburgh, PA Clinical Psychology, APA-Accredited Dissertation: "Illuminating the Trauma of the Closet among Sexual Minorities: A Cinematic-Phenomenological Study of Existential Rights"	2018
Master of Arts New York University, New York, NY Counseling for Mental Health and Wellness	2012
Bachelor of Science New York University, New York, NY Psychology and Communications, Cum Laude	2006

BIOGRAPHY

I am an arts-based phenomenological researcher, creativity scholar, and trauma-informed psychotherapist. My work as an educator, researcher, artist, and therapist seeks to help people heal from personal and societal trauma, find empathy and compassion across difference, and embrace their creative consciousness to promote healing transformations for themselves and the world. I have internationally pioneered "arts-based phenomenological research" as an innovative and interdisciplinary methodology for psychology to foster psychoeducation and community healing—which supports the burgeoning movement towards building the “psychological humanities.”

RECOGNITION AND AWARDS

Recipient of Distinguished Early Career Contributions in Qualitative Inquiry Award,
American Psychological Association (APA) Division 5 of Quantitative and Qualitative
Methods, 2025

Nominated (results to be determined) for Carmi Harari Early Career Award, American Psychological Association (APA) Division 32 of Humanistic Psychology, 2025

Nominated for Big Six Professor Employee Award, University of West Georgia, 2024

Recipient of Distinguished Dissertation Award, American Psychological Association (APA) Division 5 of Quantitative and Qualitative Methods, 2020

Recipient of Distinguished Dissertation Award in the Humanities, Duquesne University, 2019

Top three finalist for International Institute for Qualitative Methodology's PhD Dissertation Award, 2019

Award winner of "best special effects," "best soundtrack," and "most artistic" for "illuminate" short film, Colorado International Activism Film Festival, 2018

Recipient of Dissertation Fellowship Award (\$15,000), Duquesne University McAnulty Graduate School of Liberal Arts, 2018

Recipient of University-Wide Graduate Teaching Award, Duquesne University McAnulty Graduate School of Liberal Arts, 2017

Recipient of Psychology Department Teaching Award, Duquesne University McAnulty Graduate School of Liberal Arts, 2017

TEACHING EXPERIENCE

Associate Professor of Psychology, tenured
School of Social Sciences
University of West Georgia, Carrollton, GA

August 2018 - present

Instruction

Undergraduate Courses

PSYC-2010 – Psychology as a Human Science
PSYC-3730 – Social Psychology
PSYC-4010 – Theories of Psychology
PSYC-4085C – Healthy Conflict-Resolution
PSYC-4085C – Psychobiography
PSYC-4130 – Transpersonal Psychology
PSYC-4350 – Culture and Psychology
PSYC-4500 – Explorations into Creativity
PSYC-4884 – Integrative Seminar

Graduate Courses

PSYC-5500 – Explorations into Creativity
PSYC-6021 – Psychology as Human Science
PSYC-7810A – Research Workshop 2 (presenting)
PSYC-7810B – Research Workshop 1 (writing)
PSYC-7810C – Liberation Psychology
PSYC-7810D – Filmmaking and Psychology
PSYC-8002 - Studies in Mind-Body

Independent Studies

PSYC-6881 – Sociocultural Praxis
PSYC-6881 – Arts-Based Research in Psychology
PSYC-8581 – Phenomenological Research
PSYC-8581 – Phenomenological Filmmaking
PSYC-8581 – Art Therapy

Student Research Directed

Arts-Based Phenomenological Research Lab

The Phenomenological Art Collective: Arts-based research lab launched at UWG that guides undergraduate and graduate students to disseminate phenomenological research to the public through the expressive arts (i.e. films, paintings, poetry) for community healing, psychoeducation, and social change. www.phenomenologicalart.com

Phenomenological films produced by students

The lived experience of guilt – UWG graduate students (2025)

The lived experience of finding peace – UWG undergraduate students (2023)

The lived experience of psychological extremis – Ph.D. student India MacWeeney (2023)

The lived experience of being different – UWG graduate students (2023)

The lived experience of finding yourself – UWG undergraduate students (2022)

The lived experience of the inner critic – UWG undergraduate students (2022)

The lived experience of the creative process – UWG graduate students (2021)

The lived experience of nonduality through psychedelics – Ph.D. student Isabel Tweedie (2019)

The lived experience of dementia/Alzheimer's – virtual reality prototype, M.A. student Holly Gibson (2019)

The lived experience of breastfeeding in public – Ph.D student Lori Jordan Fountain (2019)

Phenomenological art exhibitions by students

The lived experience of flow state – interdisciplinary project with UWG undergraduate psychology students in collaboration with fine art students, exhibition of paintings and poetry displayed at UWG Newnan Art Gallery (2022)

The lived experience of living in a time of coronavirus – mixed media phenomenological art by UWG undergraduate students on virtual art gallery (2020)

M.A. Theses

Jennifer Scott (in progress). “The lived experience of being raised by a hoarder: An arts-based phenomenological research study.” Committee chair.

Alexis Jarrett (2025). “Reconnecting to our childlike ‘twinkle’: How play may restore the magic of our lives.” Committee reader.

Sungmin Park (2025). “Engagement with cultural others: A qualitative study of American college students’ responses to the Israel-Hamas conflict.” Committee reader.

Noah Robertson (2025). “Unsurpassable richness: Ambiguity as relation in psychotherapy.” Committee reader.

Lilith Vanest-Hood (2024). “From upbringing to uniform: Exploring the influence of parenting styles on law enforcement career choices.” Committee reader.

Joshua Mollenkamp. (2023). “Polyphonic negotiations in men: Proposing a method for cultural voice analysis.” Committee reader.

Mohammad Akari. (2023). “Exploring the mystical dimensions of psychedelic Experience: A deductive thematic analysis of LSD and psilocybin-induced mystical experiences.” Committee reader.

Lena Simon (2022). "The intergenerational generations of Black women: The strong black woman." Committee reader.

David Wise (2021): “Queer people’s lived experiences of leaving Fundamentalist Evangelical Christianity: A phenomenological study,” Committee chair.

Alison Hall (2021): “The lived experience of #metoo stories: A poetic-phenomenological study.” Committee chair.

Holly Gibson (2020): "Exploring the meaningful aspects of BDSM sexuality through existential-humanistic theory." Committee chair.

Charlotte Gibson (2020). "A thematic analysis into the lived experience of gastroparesis." Committee reader.

Toyosi Pius (2019) "1st and 2nd generation immigrants' experiences of assimilation to American culture: A phenomenological research study." Committee chair.

Ph.D. Dissertations

Paige Hamilton (in progress): "The Soulful Call of Community: An arts-based phenomenological research study." Committee chair.

Christopher Zieske: (in progress). "Living in a Screen: An Arts-based phenomenological research study of digital immersion in videogames," Committee chair.

Rose Dessaint (in progress). "Dying to Live: An Autoethnography and thematic analysis of the meanings of life in the context of death via self-written eulogies." Committee reader.

Michael Steder (in progress). "Individuation of Dissociative Identity Disorder: A hermeneutics of self." Committee reader.

James Akpan (2024). "Beyond Colonial Trauma: A Jungian Autoethnographic Study of the Father's Psyche Vis-a-Vis Violence in Nigeria." Committee chair.

Marta Stefanyshyn (2024). "Embodying signature character strengths in social situations: An arts-based phenomenological research study of realizing human potential." Committee chair.

Lisa Watts (2021). "Incorporating a mental health approach in parent-child sexual health education: An exploration of parental perspectives before and after a psychosexual health education intervention." Committee reader.

Theo Holt (2019). "Black undergraduate students' experiences of thriving at a predominantly White institution: A photovoice study." Committee chair

Arts-based Therapy and Research Guest Educator
International Institute of Existential-Humanistic Psychology
Hong Kong, China

2024 –2025

Doctoral Course Instructor
Department of Psychology

August 2013 - 2016

Duquesne University, Pittsburgh, PA

Instruction

Undergraduate Courses

Introduction to Psychology

Social Psychology

Psychology of Cultural Diversity and Social Justice

PUBLISHED SCHOLARSHIP

Peer-Reviewed Academic Journal Articles

Gupta, N. (in preparation). Love of art and art of love: Brent Robbins and arts-based phenomenology. *Journal of Humanistic Psychology*.

Gupta, N. (submitted). A love letter to liberation psychologists. *Journal of Humanistic Psychology*.

Gupta, N. (accepted). Integrating spiritual emergency through visionary art therapy: A Jungian autoethnography of psychospiritual trauma-healing to benefit the collective. *Journal of Humanistic Psychology*.

Gupta, N. (2024). Arts-based research as a cultural therapeutic: Facilitating sexual empowerment for Desi women across the diaspora through South Asian erotic folk art. *International Journal of Education and the Arts*.

Gupta, N. (2024). DESI EROS: Reclaiming South Asian erotic power through arts-based phenomenology and Hindu epistemology. *Qualitative Psychology*.

Gupta, N. and Zieske, C. (2024): Arts based phenomenological research: Theory and praxis. *Qualitative Psychology*.

Head, JC., Gupta, N., Korobov, N. (2023). Reflecting back and imagining forward: Qualitative inquiry in psychology at the dawn of a new era. *Qualitative Psychology*.

Gupta, N. (2022). Truth, Freedom, Love, Hope, and Power: An existential rights paradigm for anti-oppressive psychological praxis. *The Humanistic Psychologist*.

Greene, E. and Gupta, N. (2021). Introduction to the special issue on the cultural therapeutics of film. *Journal of Humanistic Psychology: Special issue on Film as Cultural Therapeutics*.

Gupta, N. (2020). Teaching phenomenological research as a method of therapeutic art-making: A Covid-19 case study. *Qualitative Methods in Psychology Bulletin*.

- Gupta, N. (2020). Illuminating the trauma of the LGBTQ closet: A cinematic-phenomenological study and film about existential rights. *Qualitative Research in Psychology*.
- Gupta, N. (2020). Singing away the social distancing blues: Art therapy in a time of coronavirus. *Journal of Humanistic Psychology, Special issue on Covid-19*.
- Gupta, N., Simms, E., and Dougherty, A. (2019). Eyes on the street: Photovoice, liberation psychotherapy, and the emotional landscapes of urban children. *Emotion, Space and Society*.
- Gupta, N. (2019). The phenomenological film collective: Introducing a cinematic-phenomenological research method for social advocacy filmmaking. *Social and Personality Psychology Compass*.
- Gupta, N. (2018). Harnessing phenomenological research to facilitate conscientização about oppressive lived experience. *The Journal of Humanistic Psychology; Special issue: Radical Humanism, Critical Consciousness, and Social Change*.
- Gupta, N. (2018) Stories of faith, stories of humanity: Fusing phenomenological research with digital storytelling to facilitate interfaith empathy. *Special Issue of Qualitative Research in Psychology: Creative Representations of Qualitative Research*.
- Gupta, N. (2017). Exploring the schizoid defense of the closet through the existential-phenomenology of R.D. Laing. *The Journal of Humanistic Psychology*. 5(2), 170-189.
- Gupta, N. (2015). The cinematic chiasm: Evoking societal empathy through the phenomenological language of film. *Janus Head: Journal of Interdisciplinary Studies in Literature, Continental Philosophy, Phenomenological Psychology, and the Arts*, 14(2), 35-48.

Special Issues Edited

- Gupta, N. (2024). Arts-based phenomenological research: Theory and Praxis. *Qualitative Psychology*.
with: Christopher Zieske, Brent Dean Robbins, Merel Visse, Denise McMorrow
- Greene, E. and Gupta, N. (2022). The Cultural Therapeutics of Film. *Journal of Humanistic Psychology*.
with: Eric Greene, Jeremiah Zagar, Suzanne Barnard, Lori Jordan Fountain, Jill Bauer, Ronna Gradus, Dennis Leroy Kangalee

Book Chapters

- Gupta, N. and Freeman, M. (in preparation). Arts-based research for the psychological humanities. *The SAGE Handbook of Qualitative Research in Psychology, Volume 3*. Editors: Willig, C. and Stainton Rogers, W.
- Gupta, N. (2023). Finding God in the bedroom: The sacred goodness of sexual pleasure. *Eros and Psyche: Humanistic and Existential Approaches to Sex and Sexuality*. University Professors Press.

ACADEMIC PRESENTATIONS

Peer-Reviewed Conference Presentations

- Gupta, N. (2025). "Integrating Spiritual Emergency through Visionary Art Therapy: A Jungian Autoethnography." APA Div 32 Society for Humanistic Psychology conference. Atlanta, GA.
- Gupta, N. (2024). "The Phenomenologist as Indian Yogi: Exploring phenomenology as a transpersonal method of inquiry through Hinduism's epistemology of divine revelation." APA Div 5 Society for Qualitative Inquiry in Psychology conference. Santa Cruz, CA.
- Mackey, C., Gupta, N., and Eisen, A. (2024). "Seeing with Spirit: Museums as Spaces for Psychospiritual Healing" American Alliance of Museums, Baltimore, MD.
- Gupta, N. Morrill, Z. Hoffman, L., Rubin, S. (2024). "Humanistic Psychology: the next 25 years." APA Division 32 Society for Humanistic Psychology conference. Ann Arbor, Michigan
- Gupta, N., Bhatia, S. Morrill, Z. (2023). "Radical Vulnerability as an Ethical Demand for Liberatory Qualitative Research" APA Division 5 Society for Qualitative Inquiry in Psychology conference. Santa Cruz, CA.
- Gupta, N., Fountain, LJ, Zieske, C., and McWeeney, L. (2023). "Phenomenological Filmmaking: Theory and Praxis." APA Division 24 Society for Philosophical and Theoretical Psychology conference. Boston, MA.
- Gupta, N., Freeman, M., and Sugarman, J. (2023). "What are the psychological humanities and why should they matter?" APA Division 24 Society for Philosophical and Theoretical Psychology conference. Boston, MA.
- Boyd, S., Gupta, N., Ramsey, N., and Windsor, E. (2022). "Supporting Students and Faculty of Color." Innovations in Pedagogy Annual Conference, University of West Georgia. Carrollton, GA.

- Gupta, N., Stefanyshyn, M., and Visse, M. (2022) "Aesthetic Spaces for Healing and Care: Theories and Approaches." Health Humanities Consortium Virtual Conference.
- Freeman, M., Gupta, N., Sugarman, J., Slaney, K. (2022) "Beyond Knowledge: Opening the Door to Unknowing." APA Division 24 Society for Theoretical and Philosophical Psychology Annual Virtual Conference.
- Gupta, N. and Weiner, T. (2021). "Qualitative Inquiry in a Global Pandemic: Reflections and Future Directions," APA Division 5 Society for Qualitative Inquiry in Psychology Virtual Conference.
- Gupta, N. (2021). "DESI EROS: A decolonizing study of South Asian women's experiences of reclaiming of erotic power through surrealist folk art." Society for Psychological Anthropology Virtual Conference.
- Gupta, N. and Fountain, L.J. (2021). "Phenomenological Art as a Vehicle for Women's Liberation," The Association of Women in Psychology Virtual Conference.
- Gupta, N. (2019). "Illuminating the LGBTQ Closet through Phenomenological Filmmaking: A Cinematic-Phenomenological Research Study and Film Screening." APA Div 32 Society for Humanistic Psychology Conference. Oregon State University: Corvallis, OR.
- Bargdill R., Crouch, C., and Gupta, N. (2019). "Phenomenology as Creative Practice and Play: A Workshop" APA Div 32 Society for Humanistic Psychology Conference. Oregon State University: Corvallis, OR.
- Gupta, N. (2018) "Eyes on the Street: Using Photovoice as a Tool for Emotional Empowerment and Community Trauma Healing among Youth." International Human Science Research Conference: Spartanburg, SC.
- Jenkins, J., Gruner, D., Gupta, N. (2018). "Research as Sociopolitical Intervention." APA Div 5 Society for Qualitative Inquiry in Psychology Conference, Pittsburgh, PA.
- Gupta, N. (2017). "The Intergenerational Trauma of the Gay Closet: Healing Familial Bonds of Shame." APA Convention, Washington D.C.
- Gupta, N. (2017). "Building Intimate Dialogue within the Multicultural College Classroom: Guideposts from Liberation Psychology." APA Division 32 Society for Humanistic Psychology Conference: Point Park University, Pittsburgh, PA
- Gupta, N. (2016). "Nightmares of the Closet Across the Generations: A Psychoanalysis of Intergenerational LGBTQ Trauma." APA Div 29 Association for Psychoanalysis of Culture and Society Conference, Rutgers, NJ.

Gupta, N. (2014). "Exploring the 'Social Pathology' of Closeted Gay Individuals through the Existential-Phenomenology of R.D. Laing." The Society for Phenomenology and the Human Sciences Conference: New Orleans, LA.

Gupta, N. (2013). "Stories of Faith, Stories of Humanity: Disseminating Phenomenological Research through Digital Storytelling to Facilitate Interfaith Empathy." International Human Science Research Conference: Aalborg, Denmark.

Invited Speaker Talks

Gupta, N. (2025, forthcoming): "Honoring the tragic beauty of existence through arts-based phenomenology: Moments of lived experience." Invited keynote speaker for Interdisciplinary Coalition of North American Phenomenologists Annual Conference, Pittsburgh, PA (Virtual).

Gupta, N. (2025): "Arts-based phenomenological research: A story of innovation." Invited speaker for Fielding Graduate Institute Virtual Conference, Qualitative Inquiry Foundations and Methodological Innovations.

Gupta, N. (2023) "Seeing with Spirit." Invited Speaker at *The High Museum* Oasis programming, Atlanta, GA.

Gupta, N., Umminger, A.(2023) "The Therapeutic Power of Filmmaking." Invited Speaker for *The Other Night School Lecture Series*, UWG School of the Arts, Newnan, GA.

Gupta, N. (2022) "Transforming trauma into beauty: Community healing and solidarity-building through the phenomenological arts" Invited Speaker for Rocky Mountain Humanistic Counseling and Psychological Association Conference.

Gupta, N., Freeman, M. Lehmann, O..(2022) "The Power of the Aesthetic in Qualitative Inquiry" Invited Speaker for the Society of Qualitative Inquiry in Psychology (SQIP) Virtual Salon series.

Gupta, N. (2022) "Arts-Based Phenomenological Research for Healing and Justice." Invited Speaker at the California Institute of Integral Studies (CIIS). San Francisco, CA.

Gupta, N. (2021). "Liberation Psychology for Queer Rights." Invited speaker at the Amity University Mumbai, India's Department of Psychology, Mumbai, India

Gupta, N. and Simms, E. (2021). "Eyes on the Street: Photovoice as liberation psychotherapy." Invited speaker at the Center for Community-Engaged Teaching and Research, Duquesne University. Pittsburgh, PA.

Gupta, N. (2018). "Disseminating human science research to the mainstream public for hope of liberation: An invitation." Invited Keynote Speaker for the 12th Annual Undergraduate Qualitative Research Symposium, Point Park University: Pittsburgh, PA.

OTHER PROFESSIONAL DEVELOPMENT

Art Exhibitions and Publications

Peachtree and Alliance Galleries. (Sept-Oct 2023). Fulton County Public Arts Programming: "Visions of India" fine art exhibition. Atlanta, GA. "Flow State" and "Power"

Decatur Arts Alliance. (May-June 2023). Decatur Fine Arts Exhibition: Small Changes. Decatur Public Library, GA. "Other Mummy"

Doraville Art Center. (April-May 2023). Raksha Art exhibition. Doraville, GA. "SHE" and "Wrecking Love"

Alpharetta Arts Center. (August-September 2022). "Colors of India" Fine art exhibition. Alpharetta, GA. "Flow State" and "Power"

Vault Gallery (April 2022). "Flow State: A Collaboration between UWG Psychology and the Arts." Student fine art exhibition. Newnan, GA.

Book cover artist for "A 21st Century Plague: Poetry from a Pandemic," (June 2021) published by University Professors Press. Title of Painting: "Social Distancing Blues."

LACPA's Virtual Art Exhibition: Mirrors of the Mind: The Psychotherapist as Artist in a Time of Coronavirus. (November 2020.) Title of Painting: "She."

Black Iris Gallery (November 2019). Group exhibition on Eco Martyr Portraits: Faces of the Slain, curated by Richard Bargdill, Ph.D. Richmond, VA. Title of painting: "Archad Ayao."

Muses & Vices Magazine (October 2019). Special edition issue on Erotic Joy. Title of painting; "The Moment of Surrender."

Colorado International Film Festival (July 2018). Film screening and award winner of best special effects, most artistic, and best soundtrack in the documentary genre. Title of short film: "*Illuminate.*"

Media Interviews

UWG School of the Arts "A Word With" (2021): Interviewed about arts-based research and therapeutic filmmaking for liberation psychology.

Thought Row Podcast (2021): Interviewed about arts-based research and the psychology of creative genius.

Works "United Against Silence" podcast. (2021): Interviewed about depth and phenomenological approaches to the creative process.

American Psychological Association Division 5 *The Score* Newsletter (2021): An interview with the Society for Qualitative Inquiry in Psychology communications chair.

The Brown Taboo Project podcast (2021): "Episode 2: Decolonizing and Reclaiming the Erotic with Dr. Nisha Gupta."

UWG News (2020): "UWG Takes Over 'The Academic Minute': Psychology Professor Discusses Empowerment from Sexual Oppression"

The Academic Minute podcast and WAMC radio segment (2020): "Art and Social Advocacy"

We Are Moving Stories (2018): "illuminate: a cinematic poem about the closet. Interview with Director Nisha Gupta."

Workshop Facilitation

Shashikala Foundation: therapeutic art workshop facilitator for Indian women's empowerment, 2023

Community Building Art Works: therapeutic art workshop facilitator for veterans and healthcare providers, 2021-23

Keshav Suri Foundation: therapeutic art workshop facilitator for Queer Indian people, 2022

Queer South Asian Womxn's Network: therapeutic art workshop facilitator for queer South Asians, 2021

South Asian Sexual and Mental Health Alliance: therapeutic art workshop facilitator for South Asian community, 2021

Panel Discussions

Indian American Cultural Association Women's Forum, International Women's Day Conference: "Unmasking Mental Health", 2025

Indian American Cultural Association: "Intergenerational Dialogues: Defining Success," 2023

Lyfted: "Navigating Trauma in Romantic Relationships," 2020

SERVICE

UWG Institutional Service

UWG Stone Center for Innovation and Entrepreneurship, Internal Advisory Board member, 2024–present

Queer Student Alliance faculty advisor, 2022–present

UWG Momentum Summit participant, 2024

School of the Arts (SOTA) Advisory Committee member, 2022-2024

Quality Enhancement Planning (QEP) Committee member, 2022

CACSI Diversity and Inclusion Committee member, 2021-2022

Faculty Senate member, 2020

Institutional Planning Committee member, 2020-2021

Becoming UWG Strategic Planning stakeholder, 2020

Center for Diversity & Inclusion Webinar co-facilitator, 2020

UWG Psychology Program Service

Head of M.A. psychology program, 2023–2025

Interim Head of M.A. psychology program, Fall 2022

Chair of tenure review committee, 2023, 2024

Faculty search committee member, 2018, 2021, 2024

Student Psychology Annual Research Conference (SPARC) Faculty advisor, 2021–2022

M.A. Committee member, 2020–2022

Diversity and Inclusion in Curriculum Design organizer, 2020

Ph.D. Committee member, 2018–2020

Psychology Department website re-design supervisor, 2019

Departmental mission and vision contributor, 2018

APA Organizational Service

Qualitative Psychology: member of academic journal Editorial Board, 2023-present

Journal of Humanistic Psychology: member of Editorial Board, 2020-present

APA Division 5: Society for Qualitative Inquiry in Psychology (SQIP):
Communications Chair and Executive Committee member, 2020-2023

Invited Peer Reviewer

Humanistic Psychologist
Journal of Sociology and Social Welfare
Journal of Humanistic Psychology
Qualitative Inquiry in Psychology
Lesbian and Gay Mental Health
Frontiers in Psychology
Qualitative Psychology
Emotions, Space, and Society
Culture, Medicine and Psychiatry
Methods in Psychology

PSYCHOTHERAPY EXPERIENCE

Amethyst Psychological Services Clinical Psychologist, Atlanta, Georgia Virtual psychotherapy for individual and couples	2024—ongoing
American University Counseling Center Doctoral Clinical Intern, Washington D.C APA-accredited clinical internship program	2017—2018
Persad Center Clinical Practicum Trainee, Pittsburgh, PA Individual psychotherapy to LGBTQ community	2015—2016
Chatham University Counseling Center Clinical Practicum Trainee, Pittsburgh, PA individual psychotherapy to college students	2014 – 2015
Duquesne Psychology Clinic Graduate Student Clinician, Pittsburgh, PA Individual and couples psychotherapy	2012—2016
Baruch College Counseling Center	2011—2012

Psychotherapy Extern, New York, NY
Individual psychotherapy to college students

Clinical Consultation

Emory Health Service Psychology: Postdoctoral Residency Clinical Training
Consultant, 2024

American University College Counseling Center: Postdoctoral Residency and APA-
Internship Program, Clinical Training Consultant, 2023

ADVERTISING EXPERIENCE

The Village Productions 2020—2024
Contract Researcher, Strategy Consultant, remote
Conducted market research and strategy development for national advertising campaigns

Saatchi & Saatchi Advertising 2007—2010
Qualitative Researcher, Strategic Storyteller, New York, NY
Conducted market research and strategy development for national advertising campaigns

BBDO Worldwide 2006-2007
Assistant Account Executive, New York, NY